

Official Newsletter from Dr. Yan Razdolsky Specialist in Orthodontics for Children & Adults

## Artishock Contest Winner



Forever Smiles contests really give us a chance to see how you see us... and what better way than through pictures!

This year's 4th Annual Art Studio Artishock exhibition featured original works inspired by Anna Razdolsky's book, "The Smile Team." Exhibited in our Forever Smiles orthodontic office and highlighted on our Facebook page, every piece truly represents each child's unique interpretation of the illustrator's work.

Artishock students provided 32 entries in three categories – ages 5 to 7, 8 to 9 and 10 and older.

Congratulations to this year's winners, announced at the Artishock 7th Annual Art Show "All You Need is Art" held June 5 at the Forever Young Center. First place winners are Jessica G., Talia Z. and Victoria L. Each received a one-semester Artishock tuition prize from Forever Smiles. Second place finishers are Elizabeth G., Sofia L. and Anastasia R. They each received one semester of art supplies for their entries.

Many thanks to Talia Prilutsky, owner and director of Art Studio Artishock. Also, thank you to all the parents and kids, our talented young artists, for their participation.



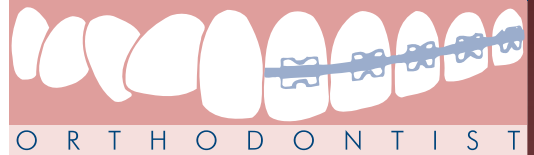
## Calling All Summer Adventurers!

Share your Best Summer Adventure and let your creativity pay the way for school supplies in the fall! The idea... post and share your amazing Best Summer Adventure photos through the Forever Smiles Facebook page and write a brief description of what you did. For Instagram, remember to tag us @foreversmilesbgortho and use the hashtag #BestSummerAdventureEver.

The more likes you get, the better chances of winning, so start posting early. The winner will get a \$100 gift card good toward school supplies for the next school year! The contest is open to ages 5-15, and deadline for entry is September 5. Good luck!



YAN RAZDOLSKY D.D.S., L.T.D.



ORTHODONTIST  
FOREVER SMILES

Forever Smiles  
**SUPPORTING LOCAL  
SCHOOLS & HEALTHY  
LIFESTYLES**

Dr. Razdolsky and the Forever Smiles family loves kids and it doesn't get any better than supporting healthy lifestyles and the local community. In fact, our commitment to promoting and supporting school programs that enrich the lives and health of our kids is what our mission is all about!

Saturday, May 21 the Forever Smiles team gathered at Lincolnshire-Prairie View School to support the 2016 Run for D103. The 5k Run/Walk and community-school district event is a fundraiser to finance outdoor recreational needs in District 103. Over the past four years, they have funded approximately \$100,000 to district schools for playgrounds, recreational fields, programs and equipment that serve to promote healthy activities for children.

Last year's event drew more than 800 participants and annual Run for D103 events are instrumental in offering opportunities for the students to engage in fitness activities during gym, recess, after-  
(cont'd on back)



## LOCAL SCHOOLS & HEALTHY LIFESTYLES *(cont'd from front)*



school activities, and other sporting events. That's healthy and fun!

In addition to sponsorship of the event, Forever Smiles team members participated in the run/walk, as well as hosted a tent and awarded prize drawings of Anna Razdolsky's new book "The Smile Team" to participants.

"At Forever Smiles, we stress the importance of early detection of oral health issues and education for a child's wellbeing," said Dr. Razdolsky.

"That's why we support school programs that provide children the resources and education that promote healthy lifestyle habits that can last a lifetime."

"Anna's book is the perfect way to help spread the word to kids and their families about the benefits of good oral health and how it helps maintain a beautiful smile," Dr. Razdolsky added.

Similar events and programs are a common occurrence for Dr. Razdolsky and the Forever Smiles Team. Throughout the year, the team can be found participating, hosting and supporting local and area events in effort to foster programs that can benefit a healthier way of living and growing. Events like the Oral Cancer Foundation's

Walk/Run for Awareness in May, and the Art Studio Artishock art contest earlier this month are great opportunities to reach out to the community in this endeavor.

"We are always looking for a way to reach out to our community and share in healthy activities," said Dr. Razdolsky. "Clearly those who participate in run/walk events already understand the benefits of doing healthy things. Our participation just reminds them of one of the most important things they can and should do."

Oral health is one of the most under-appreciated aspects of overall health and is really more important than just brushing your teeth. According to Mayo Clinic, in addition to oral infections such as gum disease and tooth decay, oral health can be linked to cardiovascular disease, diabetes and even premature birth and low birth weight in pregnant women.

"We strive to make a difference in the communities we serve," said Dr. Razdolsky. Education and awareness about good oral health is not just our business, we've made it our mission."

Follow us on Facebook and Instagram to see all the other cool things we're up to.



## 5th Annual Oral Cancer Run/Walk



Many thanks to the patients and Forever Smiles team members who came out in support of the 5th Annual Oral Cancer Foundation's Walk/Run for Awareness, Sunday May 22 held

at Redmond Park in Bensenville, IL. The 5K certified course awarded top finishers, offered live music from LOL Chicago and provided free oral cancer screenings. Other activities at the event included a raffle and silent auction, as well as a Kid's Zone with face painting and games. The event, which hosted more than 431 participants, raised nearly \$48,000 to help promote prevention, education, research, advocacy, and patient support activities.

The Oral Cancer Foundation estimates nearly 48,250 people in the US will be newly diagnosed with oral cancer in 2016. This means mouth cancers can be newly diagnosed in about 132 new individuals each day in the US alone, and a person dies from oral cancer every hour of every day. This places a huge significance on awareness and early detection - the primary reason that the OCF coordinates national events such as this.

"We love participating in local community events, especially when they promote good oral health," said Anna Razdolsky. "This event is an annual favorite for us as we are all so proud to participate. It is always a lot of fun."

For more information on OCF and how you can help visit their website at: [www.oralcancerfoundation.org](http://www.oralcancerfoundation.org)



## In Closing

Thank you for being part of our Forever Smiles Family. If you have any questions about this newsletter or anything else, please do not hesitate to contact us at our Buffalo Grove office: 847-215-7554 or via email: [yan@razdolsky.com](mailto:yan@razdolsky.com). We look forward to providing you and our community with even more reasons to smile!

Truly,

Yan Razdolsky, DDS, BSD, LTD  
Orthodontist for Children and Adults

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