

FOREVER SMILES

Who Can You Trust With Your Child's Smile?

TONGUE THRUST AND HOW IT CAN AFFECTS YOUR CHILD'S SMILE



There's nothing more disheartening than meeting a new patient whose previous orthodontic treatment did not result in long-term success. And we meet quite a few of these patients at Forever Smiles. Often, the culprit is in the treatment -- and re-treatment -- of open bite or malocclusion is tongue thrust.

Tongue thrust naturally occurs from early infancy to about six months of age, but has been found to exist as a habit in children as old as 5 to 8 years old. A child with tongue thrust pushes the tongue forward between the upper and lower teeth when swallowing, rather than the proper position against the gum above the upper front teeth.

Over time, tongue thrust will cause an open bite, and, left untreated, relapses in once-successful ortho treatment can occur!

"The tongue is a powerful muscle, applying nearly four pounds of pressure every time we swallow. This pressure, when accompanied by a bad swallowing habit, is enough to push teeth out of their natural position," said Dr. Yan Razdolsky. "Even worse, imagine this happening nearly 2,000 times per day!"

Thumb sucking, binkies and even allergies can be the culprit in the case of tongue thrust.

Prolonged thumb sucking or pacifier use, upper airway obstructions from allergies or nasal congestion which cause the tongue to lie low in the mouth and lead to mouth breathing, and even hereditary factors such as facial structure, large tonsils and macroglossia, or enlarged tongue.

"There are many telltale signs of tongue thrust that we look for when first diagnosing a patient for orthodontic treatment," said Dr. Yan Razdolsky. "However, the most important factor in diagnosis and treatment of any patient is getting to know them and helping them to become a part of their own smile treatment."

The good news is, your Forever Smiles team is skilled at helping patients with tongue thrust. There are many treatment options including therapeutic exercises which re-educate the tongue muscles. Yes, think of this as physical therapy for the tongue! In some cases, patients may be also prescribed a dental appliance to aid in correction. Either way, Dr. Razdolsky and the Forever Smiles team are here to work with you.

Need expert help with your child's tongue thrust?

Contact us now at:

<https://www.razdolsky.com/what-sets-us-apart>.



17.5 years old Male



How to Find a Doctor to Trust with Your Child's Smile

Finding your perfect match just got easier. When searching for an orthodontist, whether it be Dr. Yan Razdolsky at Forever Smiles or another practice, be sure to look for the dentist who has completed additional 2-3 years residency with specialty in orthodontics, for the elite treatment make sure your Orthodontist is the American Association Orthodontists (AAO) Board-certified as well. This ensures yours or your children's teeth are in the best hands, and they will be receiving the utmost quality of orthodontic treatment and care from the doctor.

One of our top tips for picking an orthodontist? Be sure the Orthodontist you choose for your orthodontic treatment is a dentist who has completed an additional 2-3 years of Orthodontic residency program. If you want the top quality of orthodontic treatment make sure your Orthodontist is Board Certified by American Board of Orthodontists (americanboardortho.com). He will save you time, money and sometimes even pain! This patient had braces on for 2.5 years prior to seeing Dr. Yan Razdolsky. Once we took him into the Forever Smiles family, he had a gorgeous smile 24 months later.

Learn more about the Forever Smiles team, here: <https://bit.ly/32fvNoC>.

