

FOREVER SMILES BRACKET CHATTER

Official Newsletter from Dr. Yan Razdolsky Specialist in Orthodontics for Children & Adults

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ORTHODONTIST

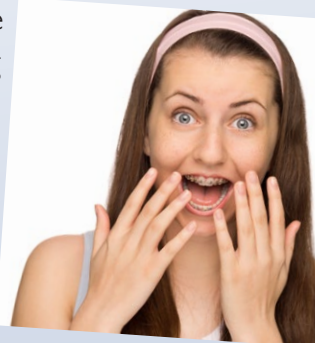
FOREVER SMILES

You worked hard for your beautiful

**FOREVER
SMILE** then
THIS happens...

Your wisdom teeth have come in.
Don't panic.

Wisdom teeth, or third molars are located on each side of the jaw in the very back and the last teeth to erupt – typically emerging between the ages of 17 and 25. In some cases they may come in painlessly, with little or no impact on the surrounding teeth. In fact, some people are fortunate enough to have plenty of room



in their mouths for additional teeth. However, according to the American Association of Oral and Maxiofacial Surgeons, nine out of 10 patients will likely experience issues with at least one wisdom tooth.

So how do you protect your Forever Smile? If your orthodontic work is complete prior to your wisdom teeth coming in, Dr. Razdolsky will do

(cont'd on back)

JULY NATIONAL Ice cream Month

Did you know ice cream is a great pain reliever when you have a new appliance? That's right! Eating ice cream will help reduce swelling and inflammation of the gums. The cool sensation of ice cream can also numb the pain caused by shifting teeth and give you much-needed relief. It's also quite tasty!

To celebrate July as National Ice Cream Month, Forever Smiles is offering every patient who gets a new appliance yummy Dippin' Dots. This unconventional treat cryogenically flash-freezes ice cream into flavorful frozen beads at an astounding -320°F! But remember... too many sugary treats and beverages can lead to tooth decay, so be sure to drink lots of ice water.

And, don't forget to brush
your teeth!



Back to School SURVIVAL KIT

The commercials and ads have already started and we are closing in on that time of year. Back to school shopping! At Forever Smiles we think no back to school shopping season is complete without the right supplies. Not paper, binders and pencils, but your back to school survival kit!

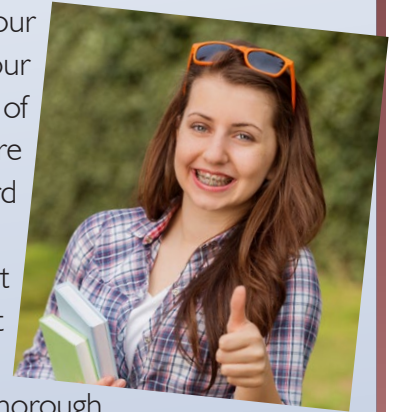
Your braces care survival kit is an emergency preparedness care pack to help you manage most dental issues that may arise. You can keep it in your backpack, purse or locker to make sure you're always ready to care for your smile. What do you pack in a braces survival kit? Let's shop supplies... Here are some of our favorite suggestions for your survival kit.



You worked hard for your beautiful *(cont'd from front)*
FOREVER SMILE
 then **THIS** happens...

a thorough examination prior to removal of your braces to check on the progress of your wisdom teeth and determine whether there is sufficient space for them to emerge successfully. Continued follow-up visits with the Forever Smiles team will also ensure we are able to track your progress.

Additionally, as you continue to visit your regular dentist for check-ups, you will likely know exactly when your wisdom teeth come in and whether they are impacted (meaning they haven't broken the gums yet). During your regular check-up, your dentist will take x-rays to track wisdom tooth development. You can also help by telling Dr. Razdolsky and your dentist if you are having trouble or experience pain when opening your jaw, have pain when you bite or chew, have swollen gums in the back of your mouth or the side of your jaw. Simply being aware of when your wisdom teeth are coming in will help safeguard your smile investment.



Of course, the best determination for treatment of wisdom teeth will need to be made after a thorough evaluation by your personal dental care team. Given the probability that wisdom teeth can be problematic may require extraction to protect the smile you've worked so long for. If wisdom tooth extraction is the recommended course of treatment, earlier is better. Wisdom tooth removal before the roots have become firmly anchored can make the procedure easier and the recovery more comfortable.



Samuel D.
 Our ON-TIME
 June Winner

In Closing

Thank you for being part of our Forever Smiles Family. If you have any questions about this newsletter or anything else, please do not hesitate to contact us at our Buffalo Grove office: 847-215-7554 or via email: yan@razdolsky.com. We look forward to providing you and our community with even more reasons to smile!

Truly,

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 Orthodontist for Children and Adults

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