# REVER SMILES

Official Newsletter from Dr. Yan Razdolsky Specialist in Orthodontics for Children & Adults

### a letter from DR. RAZDOLS

We hope this letter finds you and your family in good health. Our community has been through a lot over the last few months, and all of us are looking forward to resuming our normal habits and routines. While many things have changed,

one thing has remained the same: our commitment to your safety.

Infection control has always been a top priority for our practice, and you may have seen this during your visits to our office. Our infection control processes are made so that when you receive care, it is both safe and comfortable. The emphasis on this is now more important than ever, so we want to tell you about the new procedures we have developed to everyone safe.

Our office follows infection control recommendations made by the American Dental Association (ADA), the U.S. Centers for Disease Control and Prevention (CDC) and the Occupational Safety and Health Administration (OSHA). We follow the activities of these agencies so that we are up to date on any new rulings or guidance that may be issued, and to ensure that our infection control procedures are current and adhere to each agencies' recommendations. In addition, we learn from the brightest minds in the world, such as Dr. Leslie Fang from Massachusetts General Hospital and the Seattle Study Club to which Dr. Razdolsky belongs.

Everyone at Forever Smiles is fully committed to ensuring the health and wellbeing of our patients. We have been working tirelessly to prepare for the new norm and you will see some changes when it is time for your next appointment. In this issue of Bracket Chatter we have included just some of the steps we are implementing to help protect our patients and staff.

In addition, we are posting notices and making video blogs that further showcase our commitment and encourage you to familiarize yourself with the policies and procedures we are taking which will likely impact your future visits with us.

We are excited at the opportunity to evolve during this crisis. We have always worked to maintain the highest level of care for our patients and these changes reflect this continued commitment. We are happy to answer any questions you

To read & watch videos about how we

- Facebook.com/ForeverSmilesIL
- YouTube.com/Razdolsky1
- (C) Instagram.com/ForeverSmilesBGOrtho

www.razdolsky.com/blog

may have about the steps we are taking to keep you, and every patient, safe in our practice.

Thank you for being part of our Forever Smiles Family. We value your trust and loyalty and look forward to welcoming back all our patients, neighbors, and friends.

Truly,

Yan Razdolsky, DDS, BSD, LTD Orthodontist for Children and Adults

#### YAN RAZDOLSKY D.D.S., L.T.D.



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#### NEW HYGIENE PROTOCOL

To better protect our patients and families, your Forever Smiles team is adapting in response to the increased biological hazard associated with the SARS-CoV-2 outbreak. Here's how...

- 1. Observing meticulous hand disinfection protocols and surgical masks will be worn at all times in the clinic by all staff members.
- 2. Staff members in direct contact with patients will also wear protective gear (KN95 surgical mask, facial shield, goggles, cap, gown and gloves at all times. Additionally, protective gear is sterilized after each patient interaction and renewed every 4 hours.
- 3. Before and after every contact with a patient, a hand disinfection protocol will be repeated using skin disinfectant solution with strict adherence to mandatory technique and protocols.
- 4. For treatment procedures that generate aerosols, a disposable gown will be added to the above mentioned personal protective gear. After the procedure, the protective gear will be changed.
- 5. All team member work uniforms are now washed/dried here in the office to ensure maximum sterilization efforts.
- 6. We have purchased an additional autoclave to double our sterilization capacity and revamped our entire OSHA manual procedures to comply with the latest Covid-19 guidelines.
- 7. We have partitioned our open bay clinic with plastic walls and purchased 3D printed specialized suction tips to trap aerosols.

Each compartment of the clinic will be (cont'd on back)



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#### **OFFICE VISIT PROCEDURES**

In addition to sterilization of air, surface and personal protective equipment, at Forever Smiles we are changing how we see and schedule patients to better protect us all. Below is just a few of the ways you may see changes when you come on for your next visit.

The CDC advises patients MUST maintain 2 meters distance from one another. To accomplish this, our Forever Smiles schedules have been adapted so that only a minimum number of patients are present in the office at all times. Patients and parents should note that our brushing area is closed. Patients are required to brush at home prior to arriving and use a rinse with 1% Hydrogen Peroxide upon entering the clinic.

#### Office Entry Restricted:

Only patients may enter the office for appointment. Spouses, friends, caregivers and parents are requested to assist patients to the front door and hand-off to Forever Smiles Technician then wait outside. Additional persons are not allowed in the operatory or reception area unless accompanying a young child or handicapped adult.

Our front desk sign-in computer will be shut down. Patients are asked to phone in or text when they arrive to the parking lot. If too many patients come to the office at the same time they MUST wait outside and are called in by cellphone. Timeslots are kept open for emergencies so that there is no extra waiting time for these cases. Patients with preexisting conditions predisposing them to a severe course of COVID-19 are sent directly to the treating room to avoid contact with other patients.

Patients or guardians are required to sign a consent form and Health Questionnaire. We have designated one staff member to

assist patients in this process. Upon entry, patients are instructed to please observe the stop line in front of the reception desk (2 meters) and are reminded to maintain this safe distance at all times. All patients MUST use hand disinfection after entering the office and a Purell automatic dispenser has been installed. In addition, we are recording temperatures and patients are questioned for the following symptoms within the last 14 days: fever, cough, diarrhea, signs of a flu or cold, shortness of breath, impairment of smell/taste, new medication, contact to persons with such symptoms or to people tested positive with SARS-CoV-2. Additionally, if the patient is over 60 years old with a history of heart,

lung, kidney disease, diabetes, or any auto-immune disorders, or if the patient has travelled in the past 14 days.

Please understand the necessity of this questioning must be documented for the protection of all our patients. If the patient answers "no" to all questions, the treatment can proceed. If one or more questions are answered with "yes" the appointment must be rescheduled until a negative Covid-19 test result can be obtained by the patient.

#### On the Bright Side:

An orthodontic practice is different from a dental office, and aerosols are only produced when we remove the braces. All debond appointments will now be scheduled as a last appointment of the day and the office fogged with HOCL before we close for the night.

## NEW HYGIENE PROTOCOLS

disinfected and sanitized after each patient using EPA approved and recommended Hypochlorous Acid or HOCI. This hospital-grade disinfectant kills 99.9% germs, yet is non-toxic and 100% safe. HOCI is comprised of electrolyzed salt, water and vinegar, and is the same naturally-occurring, germ-killing substance your immune system makes. So, in addition to surface cleanings we will also fog the office twice daily for maximum protection against germs.

- **8.** All rooms will be ventilated with an added iWave-R ionizing air purifier (A Top Ten Air Purifier according to 2020 Buyers Guide Best Picks), as well as Novareus non-chemical ultra-low energy plasma technology air purifiers placed throughout the office.
- **9.** All operatory surfaces will be cleaned meticulously with surface disinfectant after each patient has left the room. This includes keyboards (disposable covers to be used), telephones, etc. Protective gear worn during operatory cleaning procedures will be discarded, and again the hand disinfection protocol will be performed, and all other protective gear sanitized/replaced.
- 10. All door handles in the clinic will be wiped and disinfected after every patient contact, and at a minimum of every two hours. All doors not required to be kept closed will remain open to prevent unnecessary surface contact. In addition, office furniture will be disinfected every 60 minutes or after each unavoided patient contact.
- **II.** We have removed all non-essential items and stored all non-clinical items: i.e. magazines, dental display models, flyers, brochures, etc.
- **12.** All package deliveries from carriers or suppliers will be accepted outside and sanitized with HOCl once on premises.

#### In Closing

Thank you for being part of our Forever Smiles Family. If you have any questions about this newsletter or anything else, please do not hesitate to contact us at our Buffalo Grove office: 847-215-7554 or via email: yan@razdolsky.com. We look forward to providing you and our community with even more reasons to smile!

Truly,

Yan Razdolsky, DDS, BSD, LTD Orthodontist for Children and Adults



