

BRACKET CHATTER

Official Newsletter from Dr. Yan Razdolsky Specialist in Orthodontics for Children & Adults

NATIONAL FACIAL PROTECTION MONTH **Are you saving face?**



You've heard it all before. Your family here at Forever Smiles has told you - time and again. Wear your mouth guard! And in honor of April as National Facial Protection Month, we're going to say it again.

Sponsored annually by the American Association of Orthodontists, the American Association of Oral and Maxillofacial Surgeons, the American Academy of Pediatric Dentistry, the Academy for Sports Dentistry and the American Dental Association (yes, that's a lot of people who really care about your face), National Facial Protection Month is that time of year when we remind parents, coaches and athletes to gear up before they game on.



Dr. Yan Razdolsky and the Forever Smiles team has always advocated the importance of playing it safe by wearing a mouthguard at every practice and every game. So, to help you remember when the right time is to wear a mouthguard, we have put together these little graphics, so you can play smart when you strive to bring home the prize!



Did you know that 27 percent of parents surveyed said their child has sustained an injury during an



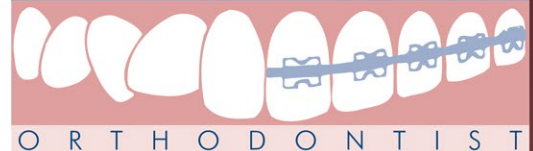
organized sport that resulted in a trip to the emergency room? That's right! Nearly 67 percent of parents surveyed by the American Association of Orthodontists said their child does not wear a mouth guard, yet 70 percent said their biggest fear is their child will get hurt when playing organized sports. That's why Forever Smiles thinks it's so important!



In fact, according to the December 2016 issue of the Journal of the American Dental Association, single traumatic injury to the teeth may never heal completely.

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YAN RAZDOLSKY D.D.S., L.T.D.



FOREVER SMILES

Dr. Yan Razdolsky's Annual Orthodontic Update & Seminar

You already know how much Dr. Razdolsky loves his patients. It shows in his work. Helping patients achieve their beautiful Forever Smile is what he and his team are all about.

For Dr. Razdolsky and the team a large part of their commitment to helping patients is through continuing education. In addition to attending several seminars, symposiums and lectures across the country, Dr. Razdolsky believes in the importance of learning and helping to educate his peers and colleagues here at home. To facilitate this, for more than 16 years Dr. Razdolsky has hosted an educational seminar for area dental professionals. His goal, to elevate the level of patient care and treatment through patient centric topics and programs which feature the latest research studies and developments in oral health.

In April, Dr. Razdolsky will share with area professionals another exciting presentation he developed after attending the 2018 AAO/AAPD Joint Winter Conference on Incipient Impaction of the Adult Canines. You may recall the write up in our own Bracket Chatter, February issue. Although impaction of the canines only affects

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NATIONAL FACIAL PROTECTION MONTH

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What's more it can create a lifetime of expensive and long-term problems for the affected individual.

If you play baseball, soccer, basketball or football you probably already know those sports account for a lot of mouth injuries, but in fact

it's about 80 percent of all sports-related emergency room visits for children between the ages of 5 and 14.

So, what do you do? Wear your mouth guard of course! But, you should also keep your mouth guard clean by rinsing it before and after each use. You should also store in a perforated container to let your mouth guard dry out. And always avoid chewing on the mouth guard.

Doing that breaks it down making it much less effective at protecting your teeth and gums. Oh, and if you have removable retainers, never ever wear them with your mouth guard. Doing that can not only cause damage to your teeth and gums but can bend wires making them less effective at doing their job. Lastly, replace your mouth guard when it shows signs of wear.

Not all mouth guards are the same either. So when you are ready, set, go to play a sport... ask us what's right for you. Doing all these things will ensure your mouth guard is providing you the best protection for you, your face and your beautiful Forever Smile!



Dr. Yan Razdolsky's

Annual Orthodontic Update & Seminar

about three percent of the population, it is a problem that often involves many different dental specialties, can require one or more oral surgeries and may include very long-term orthodontic treatment. Early detection however, by a pediatric or family dentist for example, can allow for proactive and interceptive treatment. This early intervention can benefit the patient greatly, reduce the invasiveness of treatment, and improve the overall as well as long-term outcome. That's why this year's seminar is particularly important to Dr. Razdolsky.

"This presentation affords orthodontics the opportunity to catch and treat these cases much earlier than ever before," said Dr. Razdolsky. "We can educate area doctors to better know what to look for and treat patients more effectively. It is a very exciting time."

It is indeed Dr. Razdolsky. We are so very glad, *and lucky*, you love to do what you do.

ART STUDIO
Artishock
WHERE ART BEGINS

Voting going on now
in office and online on our Facebook page at
facebook.com/ForeverSmilesLLC

Pick your favorite!



In Closing

Thank you for being part of our Forever Smiles Family. If you have any questions about this newsletter or anything else, please do not hesitate to contact us at our Buffalo Grove office: 847-215-7554 or via email: yan@razdolsky.com. We look forward to providing you and our community with even more reasons to smile!

Truly,

www.razdolsky.com

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Orthodontist for Children and Adults

