

FOREVER SMILES BRACKET CHATTER

Official Newsletter from Dr. Yan Razdolsky Specialist in Orthodontics for Children & Adults

Decades of Forever Smiles

Dr. Razdolsky and the Forever Smiles team are honored and proud to be celebrating their 30th anniversary at the Buffalo Grove location. That's 360 months and more than ten thousand days creating beautiful Forever Smiles for patients both past and present.

"Working with patients of all ages over the past 30 years has been an amazing experience," said Dr. Razdolsky. "Through the years, we have not only gotten to know our patients, they have become a part of our own family. We've been able to help hundreds of children achieve beautiful Forever smiles, and then subsequently their own children come to us as well," he continued.

Plenty has changed at Forever Smiles over the past thirty years, including hair styles, clothing fads, interior finishes, furnishings, and even the technology. But what the team at Forever Smiles is most proud of is their on-going commitment to stay up to date with the latest in Orthodontic advancements. Indeed, there have been big changes in technology which has vastly improved the field of orthodontics. Dr. Razdolsky regularly shares with us how orthodontics is continually evolving, and how he propels his practice to keep pace.

"We now use 3D digital x-rays and photography to reduce radiation, as well as digital impressions and virtual planning tools in developing treatment options for better patient care," said Dr. Razdolsky. "Even more exciting is how orthodontics has increased use of peer-reviewed, evidence-based techniques to help improve planning decisions. Technology has really helped the professional orthodontic community to come together in making these ever-important connections."

For instance, Forever Smiles recently joined the National Dental Practice-Based Research Network. This is a great organization which Dr. Razdolsky thinks will be pivotal to research and new opportunities for treatment in the field. It also provides Forever Smiles a tremendous platform to share ideas with other talented dental professionals which in-turn benefits patients with better diagnosis and treatment outcomes.

Yes, the office has experienced cosmetic and technological changes over the past 30 years, but what has not changed? The Forever Smiles commitment to providing patients the best level of care in a professional and inviting environment.

During their years at the Buffalo Grove location, Dr. and Anna Razdolsky have raised their four wonderful children and recently celebrated the birth of their second grandchild.

"While the Forever Smiles family has grown over that time, so has our own," says Anna. "We are so lucky to have our Forever Smiles family and team to share our lives with. It makes the journey so much more fun and fulfilling."

And while reminiscing about the past is great, what the future holds is very exciting. The Forever Smiles team looks forward to building strong relationships with our current and future patients while creating Forever Smiles that will last a lifetime!



YAN RAZDOLSKY D.D.S., L.T.D.



O R T H O D O N T I S T

FOREVER SMILES

AAO WINTER CONFERENCE

Sleep disorders, including sleep apnea have become a significant health issue in the United States with an estimated 22 million Americans suffering from sleep apnea. Nearly 80 percent of those cases are diagnosed with moderate to severe obstructive sleep apnea (OSA) caused by a blockage of the airway. It is found



that orthodontists are uniquely suited to treat sleep apnea, as the same examination for orthodontic therapy can be used to screen for potential sleep apnea patients. Moreover, the oral devices for managing OSA are often repurposed orthodontic appliances. Therefore, further study of how orthodontic therapy for children and adolescents can, for many patients, help cure sleep apnea is of pressing importance.

This year's American Association of Orthodontics (AAO) 2019 Winter Conference was a leadership forum for this increasingly important topic. Titled, Sleep Apnea and Orthodontics: Consensus and Guidance, the conference held January 25-27, in Marco Island, Florida included more than 20 lectures covering a wide range of perspectives. Discussion and lectures offered an intensive examination of obstructive sleep apnea presented by

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ANNA MAKES LOCAL AUTHOR'S SHOWCASE



The Forever Smiles family is so proud of our own, Anna Razdolsky who was invited to participate in a meet the local authors event at the new Barbara's Bookstore in the Hawthorn Mall. The event and signing, corresponded with the store's Family Fun Day held Saturday, February 2 and featured a puppet show, a folk music performance, storytelling time by the local authors and a balloon artist. Several of our own team members attended in support of Anna, and a great time was had by all. We love you Anna!



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is *very* important to us, so
please tell us **HOW WE'RE DOING.**



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click the google icon to get started.



In Closing

Thank you for being part of our Forever Smiles Family. If you have any questions about this newsletter or anything else, please do not hesitate to contact us at our Buffalo Grove office: 847-215-7554 or via email: yan@razdolsky.com. We look forward to providing you and our community with even more reasons to smile!

Truly,

www.razdolsky.com

Yan Razdolsky, DDS, BSD, LTD
Orthodontist for Children and Adults

(cont'd from front)

AAO WINTER CONFERENCE

dental and noted medical specialists and experts in the field.

In fact, the relevant ties of sleep apnea to the field of orthodontics is so significant the AAO has established a task force for consensus review. Attendees at the conference were the first to get an early look at the committee's report and were able to engage in in-depth discussions to further share first-hand experiences with other professional peers.

"This conference is significant as sleep apnea is a major contributor to health-related problems and safety issues that have great social and economic consequences," said Dr. Yan Razdolsky. "As orthodontists, we see younger patients and are in a better position to diagnose and treat early OSA in a less-invasive manner and for better long-term results."

Dr. Razdolsky went on to say, "We have seen a significant number of patients who exhibit early indicators that can point to OSA later in life. As studies and research on the issue becomes more prevalent, we can learn to not only help reduce the number of those afflicted, we can also use orthodontics to address issues in adults using the same techniques. Just another added benefit to more adults having braces," he added.

Thankfully the conference wasn't all lectures halls. Dr. Razdolsky did make time to enjoy some of the activities available around Marco Island.

