

FOREVER SMILES BRACKET CHATTER

Official Newsletter from Dr. Yan Razdolsky Specialist in Orthodontics for Children & Adults

LESSONS LEARNED

An AAO Winter Conference Wrap Up

Dr. Yan Razdolsky attended the 2018 AAO/AAPD Joint Winter Conference in Scottsdale, Arizona last week. The three-day conference focused on early orthodontic treatment and how dental professionals can work together to produce excellent results. There were many topics for discussion including evidence-based treatments to assist in the diagnosis and management of dental trauma in both orthodontic and pediatric perspectives. But what was of great interest to Dr. Razdolsky at the conference was the discussion on Incipient Impaction and whether there is a foolproof preventative strategy.

Incipient Impaction, or early observation of impaction of the adult canines, is a frequently encountered problem affecting as many as 3 percent of the population. It is also one that often requires a treatment approach involving various dental professionals - the pediatric dentist or family dentist, orthodontist and sometimes a dental surgeon. However, surgical exposure of the impacted tooth and the complex orthodontic mechanisms that are required to then align the tooth into the arch can sometimes lead to damage to the tooth structures. So, it is worthwhile to explore early diagnosis and interceptive treatment for patients who have impacted canines. At the conference, speakers discussed the various ways to identify and treat patients with impacted canines starting with early detection.

"The importance of early treatment, as early as the age of 7, is crucial for the diagnosis of orthodontic issues such as impacted canines," said Dr. Razdolsky.

"An appropriate diagnosis and treatment can help prevent the impacted canines from complications like displacement of the surrounding teeth."

Sometimes treatment is as simple as extraction of the deciduous canines, or "baby" canines as early as age 8 or 9.

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YAN RAZDOLSKY D.D.S., L.T.D.



ORTHODONTIST

FOREVER SMILES

The Dangers of DIY Orthodontics

The American Association of Orthodontists has issued a warning urging consumers to beware of Internet videos and websites which urge them to try and straighten their own teeth. We encourage you to share with others, that moving teeth is a medical procedure which requires direct supervision by a licensed orthodontic specialist like Dr. Razdolsky.

"Everyone should be wary of any suggestion to move their teeth with rubber bands, dental floss, or any other objects ordered off the internet," said Anna Razdolsky. "Moving teeth without a thorough examination of the overall health of the teeth and gums could have grave results."

As we learned from Dr. Razdolsky's most recent conference and the discussion on impacted canines, more often we do not see the underlying issues below the gum line that may be

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LESSONS LEARNED

An AAO Winter Conference Wrap Up (cont'd from front)

If there is enough space for the incoming canine to erupt or come out, then the orthodontist can help guide the permanent canine into place.

"The point here is that through early collaborative diagnosis and timely treatment by a patient's dental team, we can sometimes see these teeth erupt more naturally," said Dr. Razdolsky. "This may mean less-invasive surgical treatments and we simply help guide them to their correct position in the arch of the mouth."



By delaying diagnosis and treatment however, or in more severe cases, the impacted canine can cause complications that include displacement of the surrounding teeth, recurring infections, pain, damage to the neighboring teeth, or even a combination of these.

"This program really provided a very practical overview of the clinical and radiological clues dentists and orthodontists can look for," said Razdolsky. "By using an evidence-based approach to find treatment options we can avoid costly or invasive procedures that can have a negative long-term impact on the patient," he added.

Dr. Razdolsky believes this particular conference, as a whole, offered valuable insights to dental professionals not only on treatment options for impacted teeth, but how to identify and treat some of the most severe orthodontic cases including trauma.

"Programs like this help me better serve my patients," said Dr. Razdolsky. "Through continuing education and then sharing of the information with my professional peers, we are able to collaborate better and produce more beautiful Forever Smiles for our patients."



The Dangers of DIY Orthodontics

(cont'd from front)

the root cause to misalignment of the teeth. What's more, without comprehensive evaluation by an AAO Orthodontist we cannot know what impacts the movement of teeth may have on surrounding teeth, the bite and even the roof of the mouth. Realignment of the teeth can impact jaw structure, facial shape and more importantly the airways. Improper treatment could result in expensive and lifelong dental problems with breathing and overall health due to tooth decay, gum disease and in severe cases, permanent tooth loss.

Did you know... all orthodontists are dentists, but only 6 percent of dentists are orthodontists? Orthodontists receive two to three years of specialized education beyond dental school and are specialists in straightening teeth and aligning the bite. In addition, Dr. Razdolsky's continuing study and education allow him to stay up on the latest treatments which will improve the quality of your oral health for a lifetime. He understands that each patient is unique and requires a special treatment plan specific to their needs in effort to achieve the best long-term result.



Everyone wants a great smile and we want you (and everyone you know) to be confident in showcasing yours. If you see something, say something. Warn your friends of the perils of do-it-yourself braces and teeth aligners. Dr.

Razdolsky and the Forever Smiles team are here to ensure you, and they... not only look good, but have a healthy smile that will last forever!



**American
Association of
Orthodontists**

In Closing

Thank you for being part of our Forever Smiles Family. If you have any questions about this newsletter or anything else, please do not hesitate to contact us at our Buffalo Grove office: 847-215-7554 or via email: yan@razdolsky.com. We look forward to providing you and our community with even more reasons to smile!

Truly,

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