



FOREVER SMILES

Who Can You Trust With Your Child's Smile?

DOES VISITING THE ORTHODONTIST AFFECT YOUR HEALTH?



We're all trying to stay healthy but the question is, how do orthodontic treatments affect overall health? The answer is that yes, there is an association between good health and orthodontic treatments. Here's why...

In a recent study, *The Impact of Malocclusion/Orthodontic Treatment Need on the Quality of Life - A Systematic Review*, researchers analyzed existing evidence between orthodontic treatment and health-related quality of life. They concluded there is a "modest association" between health and orthodontic treatments. So, yes, coming to Forever Smiles makes your happy body and soul.

There's additional evidence linking Phase I orthodontic treatment with a palatal expander or Herbst Class II corrector to an improved airway development in children. There have been significant findings indicating that some patients who undergo treatment for conditions of the jaw and face related to structure, growth, sleep apnea and joint disorders receive tremendous benefit to their health-related quality of life.

However, many of these orthodontic cases are associated with skeletal problems that may not be treated with braces alone.

So, what does all this mean?

While crooked teeth alone are not a life-threatening condition, the physical, social and psychological consequences influence quality of life and do impact overall health.

A beautiful Forever Smile makes you more confident AND smiling more will lead to more positive daily interactions.

Additional studies with an emphasis on the impact of orthodontic treatment will help us understand more about the positive impact braces can make on your long-term health, evidence does suggest patients do perceive a positive self-image, a sense of well-being and positive overall health benefits.

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