


FOREVER SMILES BRACKET CHATTER

Official Newsletter from Dr. Yan Razdolsky Specialist in Orthodontics for Children & Adults



DR. YAN RAZDOLSKY
& THE FOREVER SMILES TEAM
invite you to take a journey this Holiday Season.

FROZEN II

Please bring a guest and join us at a private screening.
SATURDAY, NOVEMBER 23 AT 11:30 A.M.
BUFFALO GROVE THEATERS * 120 MC HENRY ROAD
(LOCATED IN BUFFALO GROVE TOWN CENTER)

Doors open at 10:30. Seating is limited and the first 500 guests will receive a Forever Smiles hoodie, so come early.
No outside food or beverages permitted.

To RSVP call (847) 215-7554
or email Anelia@Razdolsky.com

YAN RAZDOLSKY D.D.S., L.T.D.



ORTHODONTIST

FOREVER SMILES

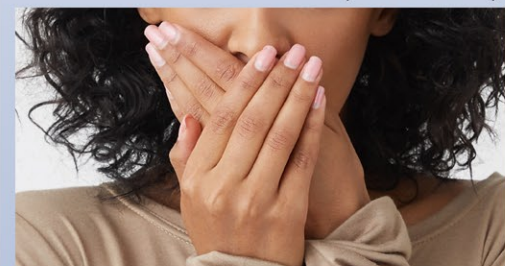
Beware the "Smile Peddlers"

If your mouth is healthy, your teeth are snugged safely within your gums, with the space between your gum tissue and the tooth only one to three millimeters in depth. But as bacteria in your mouth continually form, a sticky film of plaque on your teeth, particularly around the gum line, this plaque begins to harden into tartar -- only removable by a dentist or hygienist during a professional cleaning. Left unchecked however, this tartar can lead to gum disease.

Such was the case of a 29-year-old male patient who just completed treatment through Smile By Mail. Results weren't too bad and in fact, his smile looked okay (see page 2). However, the patient came to Dr. Razdolsky wanting a lower fixed retainer as one tooth would rotate back as soon as the aligner was taken off.

After a full comprehensive exam, Dr. Razdolsky discovered 6-9mm periodontal pockets. You see, inflammation and swelling due to plaque and tartar buildup can result in pocket formation between the gums and the teeth.

"As your gums pull away from your teeth,
(cont'd on back)



NATIONAL ORTHODONTIC HEALTH SPOOKtober

October is National Orthodontic Health Month, and it's pretty easy to guess why - because October culminates in the most celebrated candy holiday in the country! So naturally it serves as the perfect reminder for parents that their sweet little monsters should have an orthodontic checkup no later than age seven.

It is also a great time for your friends here at Forever Smiles to kick
(cont'd on back)



off this chillingly-sweet month of tricks and treats with a reminder for you to take care of your vampire teeth. Of course, we want you to enjoy the tasty sweets of the season, just boo-ware of the "treats" which may have a few tricks in store for your braces.

Remember to choose your candy wisely. Avoid hard candy, and sticky treats that can get caught up in or dislodge brackets. Stickier candies like taffy and gummies can take longer to get washed away by saliva. Sour gummies and fruit flavored treats can be highly acidic and wear away enamel.

We here at Forever Smiles have a pretty big sweet tooth and think chocolate is always a safe bet. Just be sure to brush after you treat!



Beware the "Smile Peddlers"

this inflamed tissue is now the perfect place for more plaque and tartar to hide," said Dr. Razdolsky. "This deepens the pocket further and over time threatens the bone around your teeth putting your whole mouth at risk."



Sadly, according to Dr. Razdolsky's patient he only had an intraoral picture scan done through Smile By Mail without any x-rays or examination by a doctor. Thank goodness he sought out Forever Smiles! His story serves as a very serious warning to others -- if only you treat one thing without full benefit of a licensed medical provider, you can risk losing your teeth in the future!

Making matters worse, these Smile by Mail providers are taking to the streets and offering patients a smile by mobile truck or bus. Even on their own website there's no assurances these services are supported by ongoing medical supervision of a licensed dentist or orthodontist, further endangering patients through this potentially neglectful treatment. But hey, they do offer to send you home with teeth whitening strips!

What a scary concept this Smile By Mail is to the future of orthodontics. It pains us to see it happen. When it comes to your health and well-being, you should always seek the advice of a licensed medical provider.



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your
FOREVER SMILE
is *very* important to us
please tell us **HOW WE'RE DOING.**



In Closing

Thank you for being part of our Forever Smiles Family. If you have any questions about this newsletter or anything else, please do not hesitate to contact us at our Buffalo Grove office: 847-215-7554 or via email: yan@razdolsky.com. We look forward to providing you and our community with even more reasons to smile!

Truly,

www.razdolsky.com

Yan Razdolsky, DDS, BSD, LTD
Orthodontist for Children and Adults

